

Nutrition Facts

Serving Size
8.0 fl oz

Calories
per serving **180**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 2.5g	3%	Total Carb. 32g	12%
Saturated Fat 0g	0%	Fiber 9g	34%
<i>Trans Fat</i> 0g		Total Sugars 9g	
Cholesterol 0mg	0%	Incl.0g Added Sugars	0%
Sodium 320mg	14%	Protein 10g	

Vitamin D 0% · Calcium 6% · Iron 15% · Potassium 15%

Tuscan Vegetable Soup

Ingredients: cauliflower, garbanzo beans, roasted tomatoes, roasted red pepper, yellow onion, carrot, spinach, celery, low sodium vegetable base, cornstarch, fresh basil, garlic, kosher salt, black pepper, thyme