

Nutrition Facts

Serving Size

8.0 fl oz

Calories
per serving **220**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 7g	9%	Total Carb. 34g	12%
Saturated Fat 1.5g	7%	Fiber 5g	17%
<i>Trans Fat</i> 0g		Total Sugars 8g	
Cholesterol 0mg	0%	Incl.0g Added Sugars	0%
Sodium 330mg	14%	Protein 6g	

Vitamin D 0% · Calcium 4% · Iron 10% · Potassium 15%

Roasted Corn Chowder, Vegan

Ingredients: water, corn on the cob, russet potatoes, yellow onion, unsalted cashews, celery, green onion, low sodium vegetable base, garlic, nutritional yeast, kosher salt, black pepper, paprika, lemon juice, ground mustard, onion powder, bay leaf

Contains Tree nuts (Cashew)